

World Palliative Care Day 2025 has come to a successful
conclusion

On October 11, 2025, the "World Palliative Care Day 2025" was held at the Department of Hospice and Palliative Care of Xi'an International Medical Center Hospital, focusing on the theme of "Fulfilling Commitments: Enjoyed by All", emphasizing the importance of palliative care as a fundamental part of the healthcare system of a civilized society, and calling on all countries to strengthen the promotion of palliative care, achieve the goal of universal access to palliative care, and promote the development of palliative care on a global scale.

Under the initiative and organization of Professor Yang Ziyuan, Chairman of the Hospice Care Committee of Shaanxi Anti-Cancer Association, this event is sponsored by the "Hospice Care Committee of Shaanxi Anti-Cancer Association, the Hospice Care Committee of Shaanxi Nursing Association, and the Hospice Care Committee of Xi'an Geriatric Care Association", and undertaken by the Department of Hospice Care of Xi'an International Medical Center Hospital.

The meeting brought together more than 50 authoritative experts and social supporters such as Yang Ziyuan, chairman

of the Hospice Care Professional Committee, Han Xinpeng, chief physician of Xi'an International Medical Center Hospital, Cao Cheng, director of Xi'an International Medical Center Hospital, Liu Ailan, chief nurse of Shaanxi Cancer Hospital, Lei Yu, chief physician of Shaanxi Provincial People's Hospital, Chen Xin (Shifangyuan volunteer representative), and many other authoritative experts and social supporters to participate in in-depth discussions on the development of hospice care.

The meeting was presided over by Director Han Xinpeng, Director of the Seventh Department of Respiratory and Critical Care Medicine of Xi'an International Medical Center Hospital and Chairman of the Youth Work Committee of Shaanxi Research Hospital Association.



Director Yang Ziyuan, chief pharmacist of the Hospice Hospital of Shaanxi Provincial People's Hospital, director of the Shaanxi Anti-Cancer Association, and chairman of the Hospice Care Professional Committee, made a mobilization

speech on the publicity day, proposing that on the future development of hospice care, we need to build consensus and work together: 1. Deepen the dissemination of concepts and let hospice care enter thousands of households; 2. Improve the service system, build a full-cycle health security network, and promote innovative models such as "five-bed linkage"; 3. Strengthen talent support, consolidate the foundation of career development, and build a professional and excellent care team. Truly achieve "universal enjoyment", so that every patient can say goodbye with dignity and tranquility, and contribute to the construction of a warmer and healthier China!



Professor Liu Ailan, deputy director and chief nurse of the Nursing Department of Shaanxi Cancer Hospital, standing member of the Hospice Care Committee of the Chinese Anti-Cancer Association, and chairman of the

Hospice Care Committee of the Shaanxi Nursing Society, interpreted the 2025 palliative care guidelines, including the following: Symptom control: For 13 types of symptoms such as pain and dyspnea, assessment tools, treatment principles, nursing points and precautions are provided, emphasizing individualized plans and non-pharmacological interventions. Comfortable care: Covering 10 nursing operations such as ward environment, oral cavity, and lying position, focusing on patient safety and experience, such as preventing pressure injuries, oral moisturizing and preventing aspiration. Psychological support: Pay attention to the psychological needs of patients and their families, provide death cognition guidance, grief counseling, and encourage family members to participate in care. She concluded that the new version of the guidelines marks our country's hospice care from pilot exploration to standardized and humanized stage, reflecting the transformation of the concept of "patient-centered", which not only focuses on symptom relief, but also pays more attention to the dignity of life and humanistic care, and provides more comprehensive and warm care support for terminally ill patients and their families.



Director Cao Cheng, director of the Department of Hospice Care of Xi'an International Medical Center Hospital, member of the Standing Committee of the Hospice Care Committee of the Shaanxi Anti-Cancer Association, and member of the Standing Committee of the Medical and Nursing Combination Special Committee of the Shaanxi Medical Doctor Association, made a brief report on the opening and development of the hospice ward of Xi'an International Medical Hospital, hoping to better build the hospice ward and promote the healthy development of the hospice care industry.



In addition to on-site exchanges, experts and social

volunteers went deep into the hospice ward of Xi'an International Medical Center Hospital to observe and learn music therapy and volunteer service activities by the Shifangyuan team.

Chairman Yang Ziyuan led the experts participating in the event to visit patients and give gifts



Finally, the hospice experts made a profound discussion on the future development of hospice care, among which Lei Yu, deputy director of the Department of Medical Oncology of Shaanxi Provincial People's Hospital, deputy director of the hospice home, and member of the Standing Committee of the Hospice Committee of Shaanxi Anti-Cancer Association, proposed that patient-oriented and clarify the needs of patients is a major direction for the development of hospice care.

The successful holding of this World Hospice Day event has helped us deeply realize that the core value of palliative

care is not only to provide professional care for terminally ill patients, but also to respect and protect the autonomy of individual life. In the future, Xi'an International Medical Center Hospital, the Hospice Care Committee of the Shaanxi Anti-Cancer Association, the Hospice Care Committee of the Shaanxi Nursing Society, and the Hospice Care Committee of the Xi'an Geriatric Care Association will continue to make efforts to promote the standardization and popularization of hospice care services, and are committed to allowing more people to receive dignified and quality care at the end of their lives, and further improve the public's awareness and practice level of life care.